

DATA SHEET UPSIT - SMELL IDENTIFICATION TEST

Smell Identification Test™ (UPSIT)

Each test consists of 40 odorants in 4 booklets.

The Smell Identification Test™ [UPSIT] is the most reliable (test-retest $r=0.94$) and accurate olfactory test available. The worldwide standard for olfactory testing.



The Smell Identification Test™ (aka the UPSIT) is the most widely used olfactory test, having been administered to nearly 1,000,000 people worldwide. It is easily self-administered in 10-15 minutes. Developed at the University of Pennsylvania with funding from the National Institutes of Health, the UPSIT is comprised of 4 booklets, each containing 10 microencapsulated (scratch & sniff) odors.

Provides an absolute indication of smell loss (anosmia; mild, moderate, or severe microsomia) as well as an index to detect malingering. Norms from nearly 4,000 men and women spanning the entire age range provide a basis for examinee percentile rank. Available in 28 languages.

Although normative data are also available for some countries outside of North America, we encourage our multinational colleagues and collaborators to work with us in the development of norms relative to their specific countries or populations. For this reason, Sensonics International is willing to facilitate such development through our outreach program.